

# bodymindmotion

## FAQ for Teleseminar/Webinars

**What do I get for \$19.99?** A great learning value! You get access to one hour of information on the topic presented. If you cannot make the time the teleseminar is scheduled for, you will have access to an MP3 recording of the entire seminar. Listen at your leisure!

**What other costs are involved?**

If you listen via the web (just go the event page you are given upon registration and there you are!) the cost is FREE. If you choose to listen by phone, you will incur whatever long distance charges apply. This will depend on your location and long distance phone carrier.

**Can I ask Questions?** Yes, as soon as you have paid your fee, you will receive access to the event page where you can pre-post your questions. You can also post questions during the seminar itself. Depending on the size of the group, there may be opportunities for the moderator to ask questions of the phone participants directly.

**Can I speak if I am listening by phone?**

Only if the moderator allows. At times, the moderator may choose to take the phone off mute and allow participants to contribute. In order to preserve the integrity of the recording, and ensure the best possible audio, the phone setting will be set to mute by default.

**Is the InstantTeleseminar system compatible with Mac?** Yes, it is compatible with Mac.

**If somebody is still on dial-up will they be able to use the web cast feature?** Yes, absolutely. The webcast is actually streaming at 16 kilobytes per second. Now that's a technical term but a modem typically connects at 53k but we actually stream the audio at 16k per second and so you will still be able to hear on the modem.

**Can my team mates and I arrange for a private session?** Absolutely! You can request a specific topic or arrange to complete bodymindmotion courses in a virtual classroom.

Still have questions? Please contact me at [april@bodymindmotion.com](mailto:april@bodymindmotion.com)